

KASCON 2019
June 27, 2019, Thursday

Time	Topic	Faculty
12.30 – 02.00	Registration& Lunch	
Rehab Program – Knee Session		
2.00- 2.30	Overview of Knee Ligament Injuries/ Arthroscopic management/ Video Isolated & Combined ACLR- Arthroscopic Surgeon	
2.30 -3.00	ACL Injury Prevention- Risk factors/ Assessment & Lower Limb Kinematics	
3.30- 4.00	Current Concepts & Early post operative Rehab ACLR	
4.00-4.30	Advanced/ Late stage ACL rehab/ Criteria based progression	
4.30-5.00	Return to sport testing & Sport specific skills training	
Rehab Program – Shoulder Session		
5.00-5.30	Overview of Shoulder Instabilities/ Arthroscopic management/ Video various stabilization procedures: Arthroscopic Surgeon	
5.30 -6.00	Customized Post-operative rehab following shoulder stabilization procedures	
6.00-6.30	Athletic Shoulder Rehab- Restoring stability of an overhead throwing shoulder	
6.30-7.00	Sports Specific Strength & Conditioning Knee & Shoulder	

June 28, 2019, Friday

Time	Topic	Faculty
07.00	Registration	
07.30 – 08.30	Breakfast + Workshop 1. Meniscus (2 slots) 2. Adjustable Loop (2 slots)	
08.30 – 01.00	Session I : Knee	
	Ultra structure ACL + Meniscus	
	New Frontier's in ACL reconstruction	
	Live Surgery 1: ACL reconstruction (Hamstring ± LET)-New technique	
	Perspective of knee laxity – Assessment	
	Fat Pad – Good/ Bad/ Ugly	
	Live Surgery 2 : ACL reconstruction (BPTB + LET)	
	ACL repair – Myth or Truth	
	Improving ACL reconstruction outcome – How to get to it?	
	Live Surgery 3: Posterior horn medial meniscus	
	Why Journey from Meniscetomyto Meniscus repair?	
	Bone bruise Vs rotation instability – How to relate & manage	
	Live Surgery 4: Bucket handle medial meniscus tear repair (Hybrid technique)	
	Panel discussion (EBM)	
	PCL reconstruction (Re-live) a. I don't need post portal b. I believe in posterior accessory portals	
	Debate : a. MPFL reconstruction (Re-live) – I don't need tunnels b. MPFL reconstruction (Re-live) – I believe in tunnels	
	Panel Discussion(EBM)	
01.00 – 02.00	LUNCH + Workshop a) HANDS-ON (2Slots) b) All Suture Anchors (2 slots)	

SESSION II: SHOULDER

Shoulder instability in 2019

Pearls of Arthroscopic surgery

- a. In Young dislocation
 - b. In Elderly dislocation
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Live Surgery 5: Bankart's

(10 Commandments of Bankart's surgery)

Snippets: Instability Surgery

1. Beyond Bankart
 2. a) Why they fail?
b) How do we improve outcome?
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Live Surgery 6: Bipolar concept (Does it work?)

Panel discussion

Master's Talk

1. Posterior shoulder instability
 2. Multi directional instability – Touch me not?
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Debate :

- a. ACJ dislocation Grade III – I conserve it
 - b. ACJ dislocation Grade III – I will operate
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Master's Talk – Laterjet

- a. French connection
 - b. The Samba Way
 - c. The Lasta way
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Live or Relive Surgery 7 : Laterjet

Panel discussion / Free Papers

Product Launch

07.00 – 08.00

Inauguration

08.00pm
onwards

Fellowship & Dinner at ITC, Gardenia

KASCON 2019
June 29, 2019, Saturday

Time	Topic	Faculty
07.00	Registration	
07.30 – 08.30	Breakfast + Workshop <ol style="list-style-type: none">1. Meniscus (2 slots)2. ACL fixation Screw it or loop it (2 slots)	
08.30 –12.30	Session III : Knee	
	New kid on block <ol style="list-style-type: none">1. LEAT – Re-live2. ALL – Re-live	
	In 2019 Why our ACLR still fail?	
	By 2020 What solution do we have to improve ACLR outcome	
	Live Surgery 8 : Revision ACLR – Plan – Execution	
	Master’s Talk <ol style="list-style-type: none">1. Limb alignment – Does it matter in ligament surgery?2. Cartilage – How & when to address it?	
	Debate – Postero medial corner injury <ol style="list-style-type: none">1. Conserve it2. Operate	
	Debate – Postero lateral corner injury <ol style="list-style-type: none">1. Conserve it2. Operate	
	Snippets (Relive) – Meniscus <ol style="list-style-type: none">a. Root lesionb. RAMP lesion	
	Live Surgery 9 : HTO (Plan + salient steps)	
12.30 – 01.00	Free paper	
01.00 – 02.00	Lunch & Workshop - Cuff it up on lateral row (4 slots)	
02.00 – 05.00	Session IV – Shoulder	
	Cuff tear <ol style="list-style-type: none">a. Evaluation & decision makingb. Frozen shoulder – bench to bed side?c. Rely on imaging – How much?	
	Debate : Partial cuff tear <ol style="list-style-type: none">a. I Conserveb. I Operative	

**Live Surgery 10 : Massive cuff tear or PASTA or
LD transfer**

Sub scapularis tear – Pearls & Pit falls

Latissimus dorsi transfer in irreparable cuff tear

- a. French journey
 - b. Brazilian journey
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Proximal humerus fracture – Tips & Tricks

Re-live – Korean experience

Brazilian experience

Live surgery 11: MCR

05.00 – 05.30

Valedictory
